

# CS 277: Control and Reinforcement Learning

## Winter 2026

# Lecture 7: Exploration

**Roy Fox**

Department of Computer Science  
School of Information and Computer Sciences  
University of California, Irvine



# Logistics

---

## assignments

- Exercise 2 and Quiz 4 due **next Monday**

# Today's lecture

---

Trust-region methods

Multi-Armed Bandits

Exploration in Deep RL

# Importance Sampling

- Suppose you want to estimate  $\mathbb{E}_{x \sim p}[f(x)]$

- but only have samples  $x \sim p'$

- Importance sampling:

$$\mathbb{E}_{x \sim p}[f(x)] = \mathbb{E}_{x \sim p'} \left[ \frac{p(x)}{p'(x)} f(x) \right]$$

- Importance (IS) weights:  $\rho(x) = \frac{p(x)}{p'(x)}$

- Estimate:  $\rho(x)f(x)$  with  $x \sim p'$



# IS application 1: multi-step Q-Learning

- **$n$ -step Q-Learning:**  $Q(s_t, a_t) \rightarrow \sum_{\Delta t=0}^{n-1} \gamma^{\Delta t} r_{t+\Delta t} + \gamma^n \max_a Q(s_{t+n}, a)$
- Reminder:  $Q^*(s_t, a_t)$  evaluates any  $a_t$  but optimal behavior afterward
  - ▶ We need data from  $a_{t+\Delta t} = \arg \max_a Q(s_{t+\Delta t}, a)$  for RHS to estimate optimal target

- To be **off-policy**: update  $Q(s_t, a_t) \rightarrow \sum_{\Delta t=0}^{n-1} \gamma^{\Delta t} \rho_t^{\Delta t} r_{t+\Delta t} + \gamma^n \max_a Q(s_{t+n}, a)$

- ▶ with  $\rho_t^{\Delta t} = \prod_{i=t+1}^{t+\Delta t} \frac{\pi(a_i | s_i)}{\pi'(a_i | s_i)}$  for data from  $\pi'$

MF

$\theta$

DP

$\pi'$

max

# IS application 2: off-policy policy evaluation

- Estimate  $J_\pi = \mathbb{E}_{\xi \sim p_\pi}[R(\xi)]$  **off-policy**:  $J_\pi = \mathbb{E}_{\xi \sim p_{\pi'}}[\rho_{\pi'}^\pi(\xi) R(\xi)]$

with  $\rho_{\pi'}^\pi(\xi) = \frac{p_\pi(\xi)}{p_{\pi'}(\xi)} = \prod_t \frac{\pi(a_t | s_t)}{\pi'(a_t | s_t)}$   $\leftarrow p(s' | s, a)$  **cancels out**

- $\rho(\xi)$  can be very large or small  $\Rightarrow$  **high variance**
- Some **reduction**:  $r_t$  is not affected by future actions

$$J_\pi = \sum_t \mathbb{E}_{\xi_{\leq t} \sim p_{\pi'}}[\gamma^t \rho_{\pi'}^\pi(\xi_{\leq t}) r_t] = \sum_t \mathbb{E}_{\xi_{\leq t} \sim p_{\pi'}} \left[ \gamma^t r_t \prod_{t' \leq t} \frac{\pi(a_{t'} | s_{t'})}{\pi'(a_{t'} | s_{t'})} \right]$$

[Precup et al., 2000]

MF

$\theta$

DP

$\pi'$

max

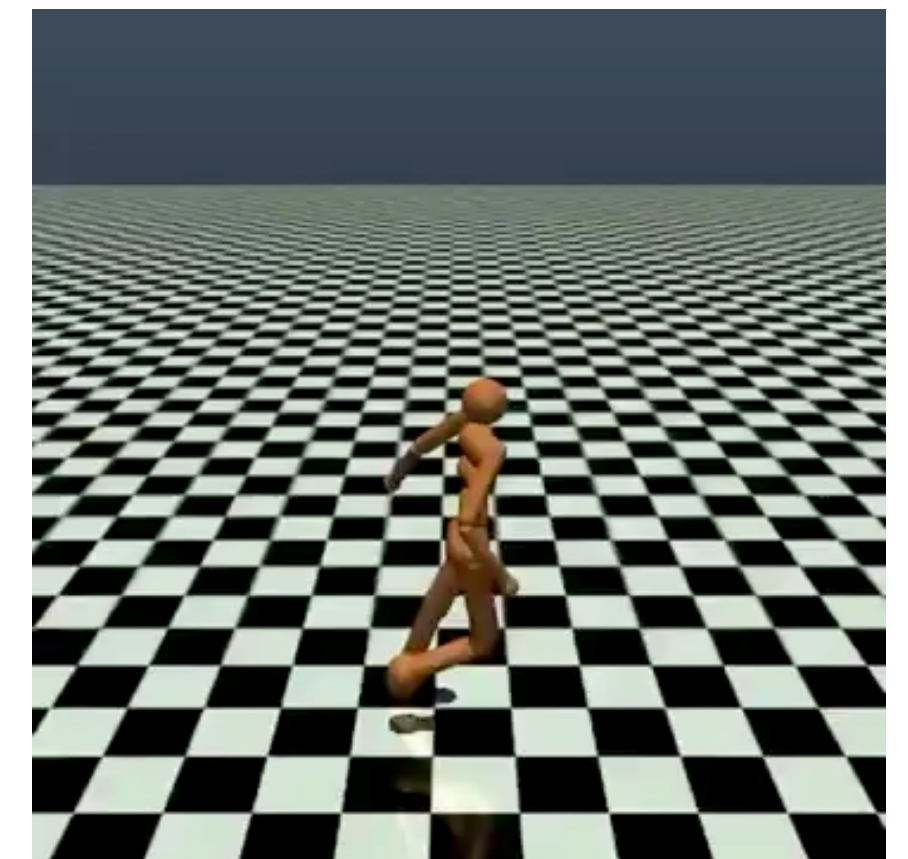


# IS application 3: Off-policy Policy Gradient

- Policy Gradient:  $\nabla_{\theta} J_{\theta} = \sum_t \gamma^t \mathbb{E}_{\xi \sim p_{\theta}} [R_{\geq t}(\xi) \nabla_{\theta} \log \pi_{\theta}(a_t | s_t)]$
- Off-Policy PG:  $\nabla_{\theta} J_{\theta} = \sum_t \gamma^t \mathbb{E}_{\xi \sim p_{\theta'}} [\rho_{\theta'}^{\theta}(\xi_{\leq t}) R_{\geq t}(\xi) \nabla_{\theta} \log \pi_{\theta}(a_t | s_t)]$

▸  $R_{\geq t}(\xi)$  = future discounted rewards affected by  $\pi_{\theta}(a_t | s_t)$

▸  $\rho_{\theta'}^{\theta}(\xi_{\leq t})$  = past probability ratios that affect  $\pi_{\theta}(a_t | s_t)$



- Should we discount by  $\gamma^t$ ? Not if we care about evidence from later states

- $\rho_{\theta'}^{\theta}(\xi_{\leq t})$  has **high variance**, some methods just use  $\rho_{\theta'}^{\theta}(a_t | s_t) = \frac{\pi_{\theta}(a_t | s_t)}{\pi_{\theta'}(a_t | s_t)}$

MF

$\theta$

DP

$\pi'$

max

# Performance Difference Lemma

- Policy gradient = small changes in policy; can we make large changes?

For any  $\pi, \xi$ : 
$$\sum_t \gamma^t A_\pi(s_t, a_t) = \sum_t \gamma^t (r_t + \gamma V_\pi(s_{t+1}) - V_\pi(s_t)) = R(\xi) - V_\pi(s_0)$$
  
telescopic cancellation  
advantage of entire trajectory

- Expectation by different policy: Performance Difference Lemma

$$\sum_t \gamma^t \mathbb{E}_{(s_t, a_t) \sim p_\pi} [A_{\bar{\pi}}(s_t, a_t)] = \mathbb{E}_{\xi \sim p_\pi} [R(\xi) - V_{\bar{\pi}}(s_0)] = J_\pi - J_{\bar{\pi}}$$

$s_0 \sim p$  in both  $\pi$  and  $\pi'$

- We want to maximize over  $\pi$ , with  $\bar{\pi}$  fixed

Compare: PG Theorem 
$$\nabla_\theta J_\theta = \sum_t \gamma^t \mathbb{E}_{(s_t, a_t) \sim p_\theta} [A_{\pi_\theta}(s_t, a_t) \nabla_\theta \log \pi_\theta(a_t | s_t)]$$



# Finding best next policy

- With **current policy**  $\bar{\pi}$ : find  $\max_{\pi} J_{\pi} - J_{\bar{\pi}} = \max_{\pi} \sum_t \gamma^t \mathbb{E}_{(s_t, a_t) \sim p_{\pi}} [A_{\bar{\pi}}(s_t, a_t)]$ 
  - Can use  $\bar{\pi}$  to **evaluate**  $A_{\bar{\pi}}$
- But we don't have data  $(s_t, a_t) \sim p_{\pi}$ ; **idea**: sample from  $\bar{\pi}$ 
  - **Trick question**: is this on-policy or off-policy? **On-policy** data, but needs **IS weight**

$$\max_{\pi} \sum_t \gamma^t \mathbb{E}_{\xi_{\leq t} \sim p_{\bar{\pi}}} [\rho_{\bar{\pi}}^{\pi}(\xi_{\leq t}) A_{\bar{\pi}}(s_t, a_t)]$$

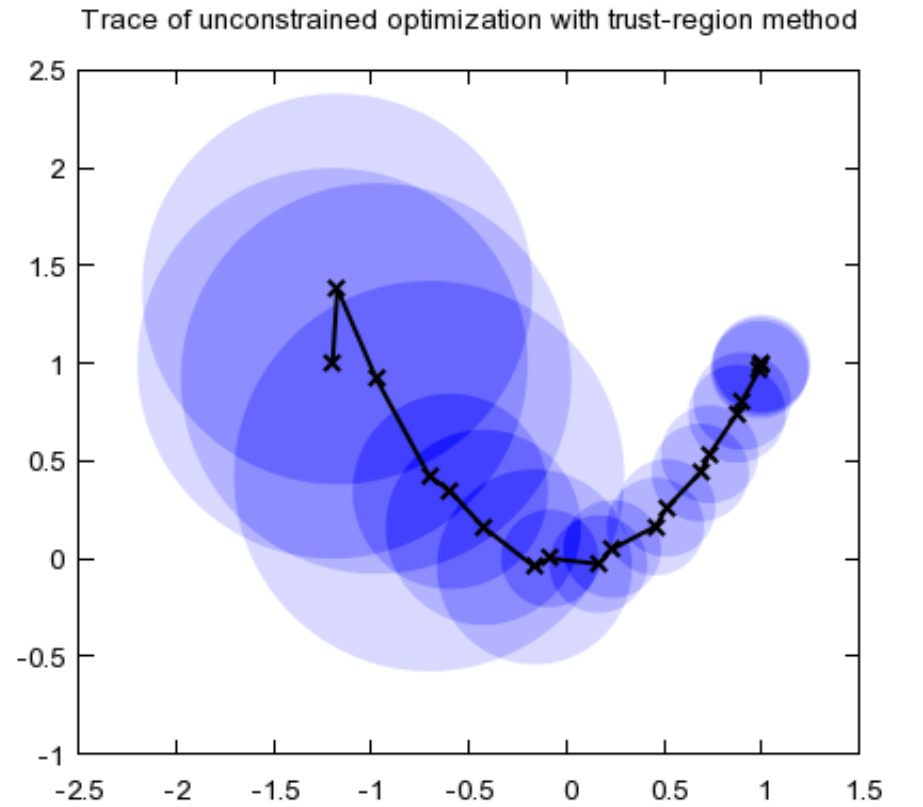
- Is it reasonable to use  $\rho_{\bar{\pi}}^{\pi}(a_t | s_t) = \frac{\pi(a_t | s_t)}{\bar{\pi}(a_t | s_t)}$  instead? i.e. drop  $\rho_{\bar{\pi}}^{\pi}(\xi_{<t})$

# Trust-Region Policy Optimization (TRPO)

- **Trust region** = space around  $\bar{\pi}$  where  $\rho(\xi_{<t}) \approx 1$

- ▶ Easier to consider  $\mathbb{E}_{\xi_{<t} \sim p_{\bar{\pi}}}[\log \rho(\xi_{<t})] \approx 0$

$$-\mathbb{E}_{\xi_{<t} \sim p_{\bar{\pi}}}[\log \rho(\xi_{<t})] = \mathbb{D}[\bar{\pi}(\xi_{<t}) \parallel \pi(\xi_{<t})] = \sum_{t' < t} \mathbb{E}_{\xi_{<t'} \sim p_{\bar{\pi}}}[\mathbb{D}[\bar{\pi}(a_{t'} \mid s_{t'}) \parallel \pi(a_{t'} \mid s_{t'})]]$$



- **TRPO**:  $\max_{\theta} \mathbb{E}_{(s,a) \sim p_{\bar{\theta}}}[\rho_{\bar{\theta}}^{\theta}(a \mid s) A_{\bar{\theta}}(s, a)]$  s.t.  $\mathbb{E}_{s \sim p_{\bar{\theta}}}[\mathbb{D}[\pi_{\bar{\theta}}(a \mid s) \parallel \pi_{\theta}(a \mid s)]] \leq \epsilon$

- ▶  $A_{\bar{\theta}}$  estimated with **critic**  $A_{\phi}$

- ▶ Computational tricks for **gradient-based optimization**

MF

$\theta$

DP

$\pi'$

max

# Proximal Policy Optimization (PPO)

- Same motivation: ascend  $\mathbb{E}_{(s,a) \sim p_{\bar{\theta}}}[\rho_{\bar{\theta}}^{\theta}(a | s) A_{\bar{\theta}}(s, a)]$  with  $\pi_{\theta}$  staying near  $\pi_{\bar{\theta}}$ 
  - **PPO-Penalty**: add a penalty term for  $\mathbb{E}_{s \sim p_{\bar{\theta}}}[\mathbb{D}[\pi_{\bar{\theta}}(a | s) || \pi_{\theta}(a | s)]]$
  - **PPO-Clip**: ascend  $\mathbb{E}_{(s,a) \sim p_{\bar{\theta}}}[L_{\bar{\theta}}^{\theta}(s, a)]$  with

$$L_{\bar{\theta}}^{\theta}(s, a) = \min(\rho_{\bar{\theta}}^{\theta}(a | s) A_{\bar{\theta}}(s, a), A_{\bar{\theta}}(s, a) + |\epsilon A_{\bar{\theta}}(s, a)|)$$

- Positive / negative advantage  $\Rightarrow$  increase / decrease  $\rho_{\bar{\theta}}^{\theta}(a | s) = \frac{\pi_{\theta}(a | s)}{\pi_{\bar{\theta}}(a | s)}$

- But **no incentive** beyond  $\rho_{\bar{\theta}}^{\theta}(a | s) = 1 \pm \epsilon$ 
  - **no incentive**  $\neq$  doesn't happen
  - **PPO has lots more tricks to limit divergence**

MF

$\theta$

DP

$\pi'$

max

# Recap

---

- Model-based policy evaluation can be solved linearly
- Deep RL isn't just SGD
  - Exception: policy gradient on offline (batch) data
- Value-based methods struggle to max in continuous action spaces
  - DDPG:  $\pi_\theta$  learns to maximize  $Q_\phi$  (actor-critic method)
- Importance Sampling decouples expectation and sampling distributions
  - Optimize on-policy objectives with off-policy data
  - TRPO and PPO: sample from current policy to evaluate next policy, if it's close

# State of the Course

- Model-Free RL: done!
- Up next:
  - Model-Based RL (related: Optimal Control)
  - Twists and turns!
    - Exploration, partial observability, non-reward feedback, structure
  - Advanced settings!
    - Inverse RL, Bounded RL, Offline RL, Multi-Agent RL & more



# Today's lecture

---

Trust-region methods

**Multi-Armed Bandits**

Exploration in Deep RL



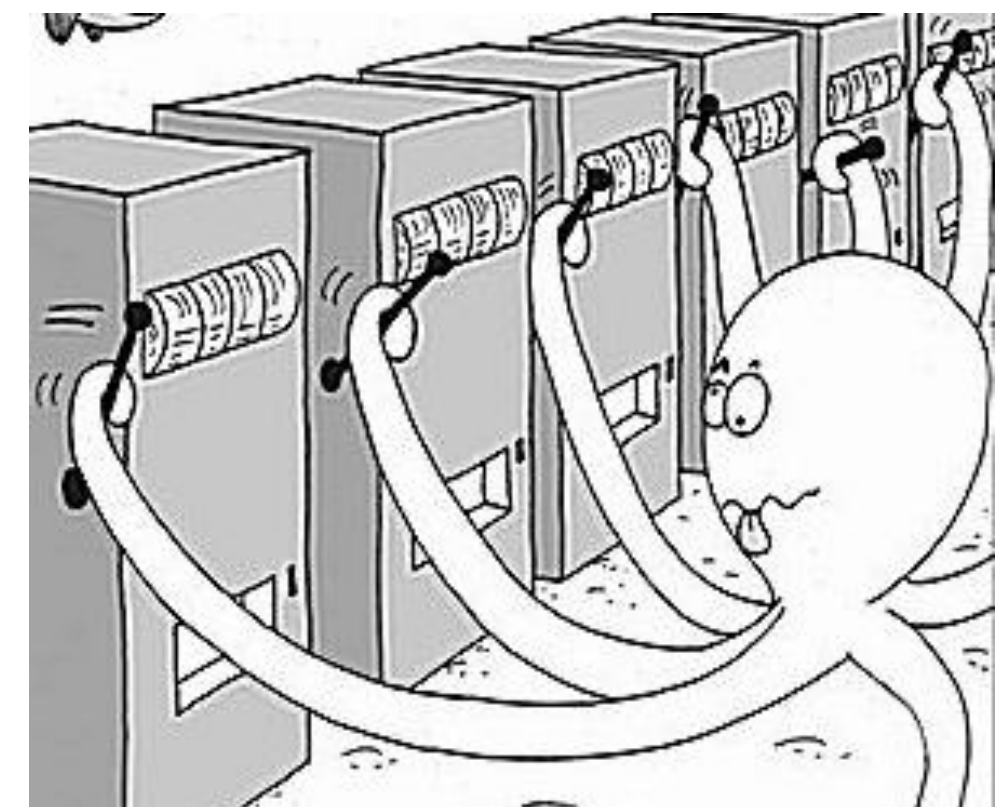
# Multi-Armed Bandits (MABs)

- Basic setting: single instance  $x$ , multiple actions  $a_1, \dots, a_k$ 
  - Each time we take action  $a_i$  we see a noisy reward  $r_t \sim p_i$
- Can we maximize the expected reward  $\max_i \mathbb{E}_{r \sim p_i}[r]$ ?
  - We can use the mean as an estimate  $\mu_i = \mathbb{E}_{r \sim p_i}[r] \approx \frac{1}{n(i)} \sum_{t \in \mathcal{T}_i} r_t$
- **Challenge:** is the best mean so far the best action?
  - Or is there another that's better than it appeared so far?

One-armed bandit



Multi-armed bandit



# Exploration vs. exploitation

- **Exploitation** = choose actions that seems good (so far)
- **Exploration** = see if we're missing out on even better ones
- Naïve solution: learn  $r$  by **trying every action** enough times
  - Suppose we can't wait that long: we care about rewards **while we learn**
- **Regret** = how much worse our return is than an **optimal action**

$$\rho(T) = T\mu_{a^*} - \sum_{t=0}^{T-1} r_t$$

- Can we get the regret to grow **sub-linearly** with  $T$ ?  $\implies$  average goes to 0:  $\frac{\rho(T)}{T} \rightarrow 0$

# Let's play!

---

- <http://iosband.github.io/2015/07/28/Beat-the-bandit.html>

# Simple exploration: $\epsilon$ -greedy

- With probability  $\epsilon$ :
  - Select action **uniformly** at random
- Otherwise (w.p.  $1 - \epsilon$ ):
  - Select **best** (on average) action so far
- **Problem 1**: all non-greedy actions selected with same probability
- **Problem 2**: must have  $\epsilon \rightarrow 0$ , or we keep accumulating regret
  - But at what rate should  $\epsilon$  vanish?

# Boltzmann exploration

- Keep an average of **past rewards**  $\hat{\mu}_i = \frac{1}{n(i)} \sum_{t \in \mathcal{T}_i} r_t$
- **Boltzmann (softmax) exploration**:  $\pi(a_i) = \text{softmax}_{\beta \hat{\mu}_i} = \frac{\exp(\beta \hat{\mu}_i)}{\sum_j \exp(\beta \hat{\mu}_j)}$
- Obviously bad actions  $\hat{\mu}_i \ll \max_j \hat{\mu}_j$  are **unlikely** to be used (but can!)
  - **Problem**: still must have  $\beta \rightarrow \infty$ , or we keep accumulating regret
  - Some evidence that  $\beta$  should **increase linearly**



# Optimism under uncertainty

- Tradeoff: **explore** less used actions, but don't be late to **start exploiting** what's known
  - Principle: **optimism under uncertainty** = explore to the extent you're uncertain, otherwise exploit

- By the **central limit theorem**, the mean reward  $\hat{\mu}_i$  of arm  $i$  quickly  $\rightarrow \mathcal{N}\left(\mu_i, O\left(\frac{1}{n(i)}\right)\right)$

- Be optimistic by slowly-growing number of **standard deviations**:

$$a = \arg \max_i \hat{\mu}_i + \sqrt{\frac{2 \ln T}{n(i)}}$$

- **Upper confidence bound (UCB)**: likely  $\mu_i \leq \hat{\mu}_i + c\sigma_i$ ; unknown variance  $\implies$  let  $c$  **grow**
  - But **not too fast**, or we fail to exploit what we do know
- **Regret**:  $\rho(T) = O(\log T)$ , provably optimal



# Thompson sampling

- Consider a **model** of the reward distribution  $p_{\theta_i}(r \mid a_i)$
- Suppose we start with some **prior**  $q(\theta)$ 
  - Taking action  $a_t$ , see reward  $r_t \implies$  **update posterior**  $q(\theta \mid \{(a_{\leq t}, r_{\leq t})\})$
- **Thompson sampling**:
  - **Sample**  $\theta \sim q$  from the posterior
  - Take the **optimal action**  $a^* = \max_i \mathbb{E}_{r \sim p_{\theta_i}}[r]$
  - **Update** the belief (different methods for doing this)
  - Repeat

# Other online learning settings

- What is the reward for action  $a_i$ ?
  - **MAB**: random variable with distribution  $p_i(r)$
  - **Adversarial bandits**: adversary selects  $r_i$  for every action
    - The adversary knows our algorithm! And past action selection! But not future actions
      - Learner must be **stochastic** (= unpredictable), but we can still have guarantees
  - **Dueling bandits**: just 1 bit of feedback, is  $a_i$  better or  $a_j$ ?
- **Contextual bandits**: we also get instance  $x \sim p$ , make decision  $\pi(a | x)$ 
  - Can we generalize to unseen instances?

# Today's lecture

---

Trust-region methods

Multi-Armed Bandits

**Exploration in Deep RL**

# Learning with sparse rewards

- Montezuma's Revenge

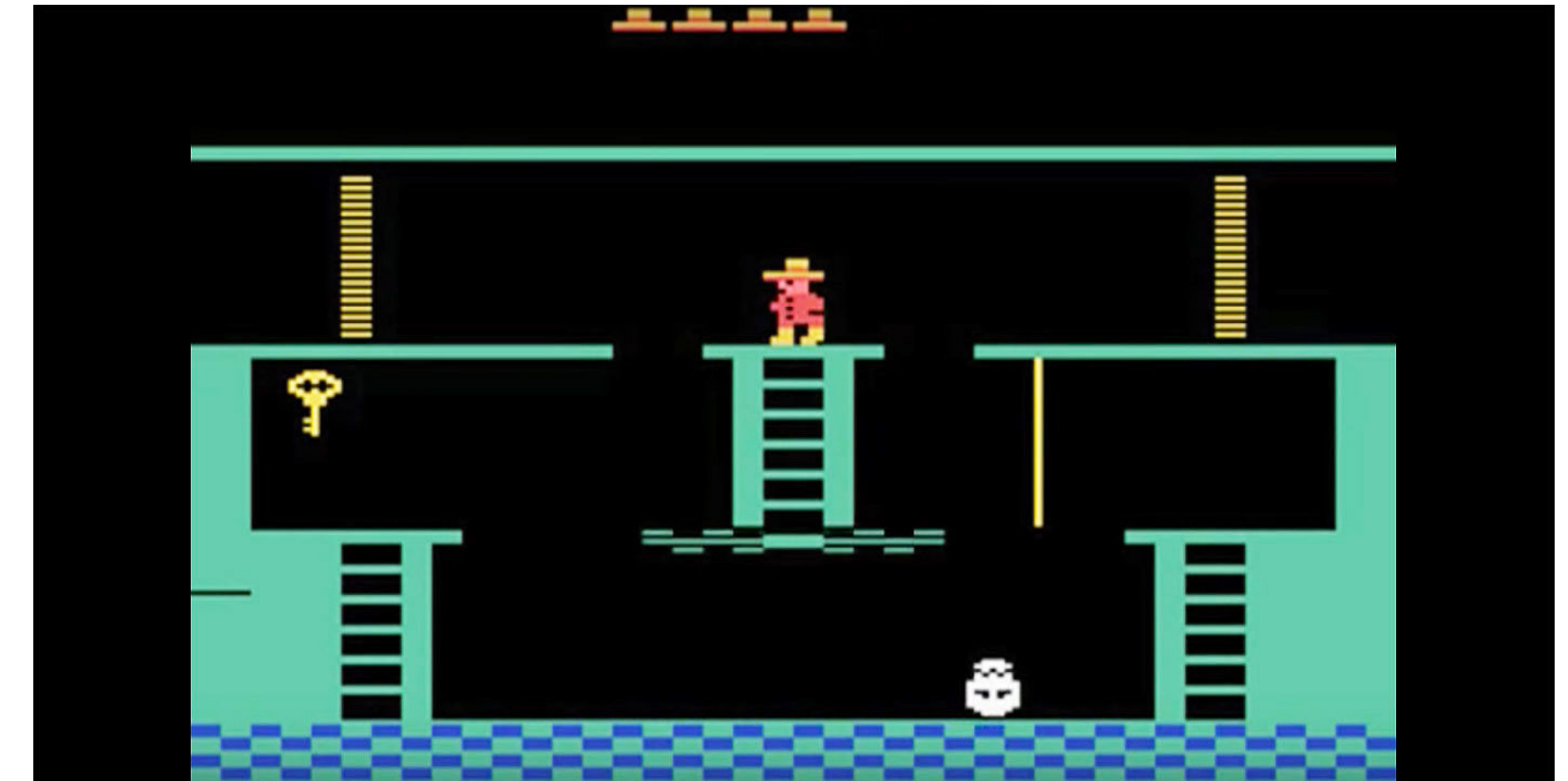
- ▶ Key = 100 points
- ▶ Door = 500 points
- ▶ Skull = 0 points

- Is it good? Bad? Affects something off-screen? Opens up an easter egg?

- ▶ Humans have a head start with transfer from **known objects**

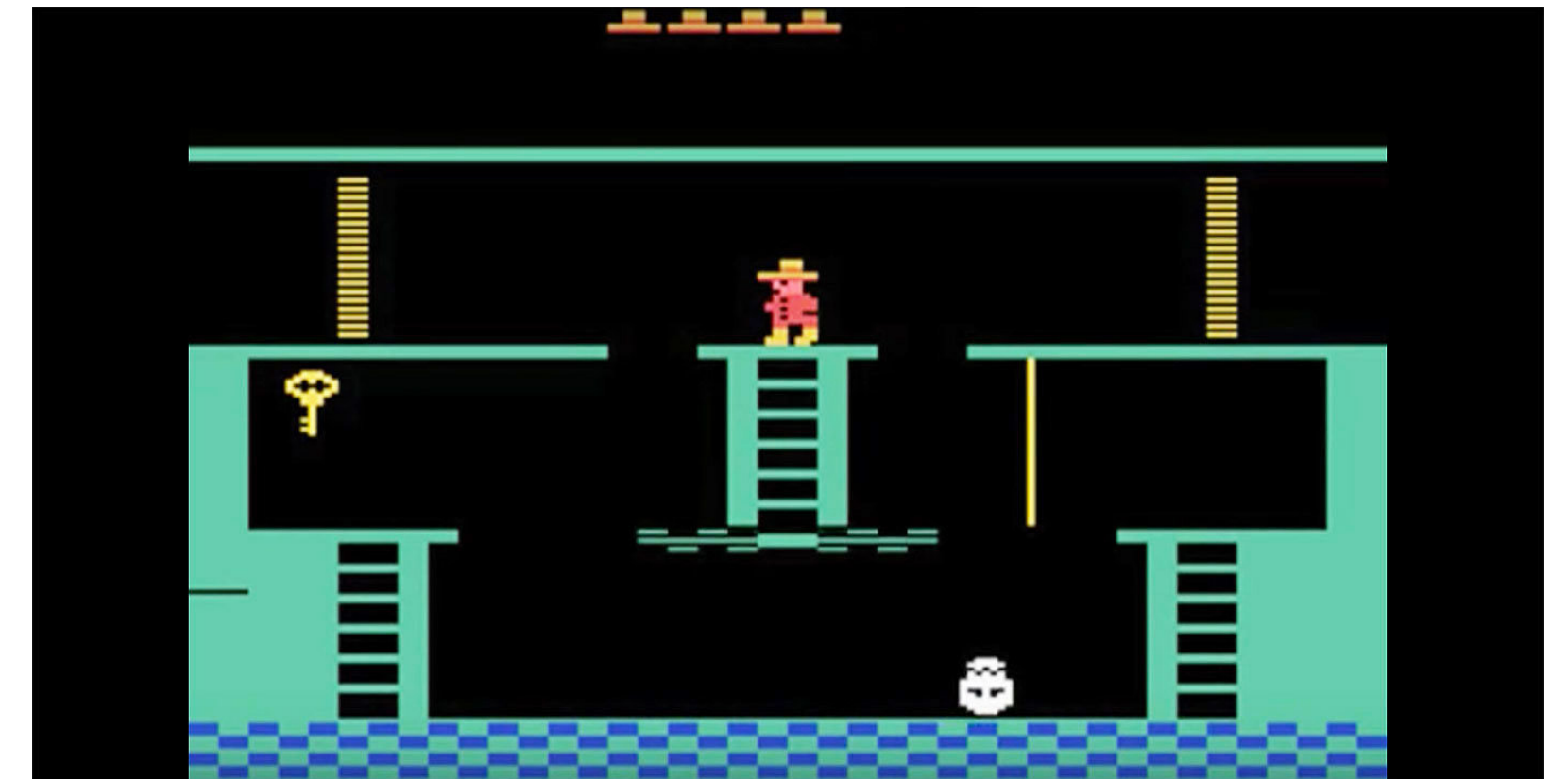
- **Exploration** before learning:

- ▶ **Random walk** until you get some points — could take a while!



# RL exploration is more complicated...

- Need to consider **states** and **dynamics**
- Need **coordinated behavior** to get *anywhere*
  - E.g., cross a bridge to get the game started...
  - **Random exploration** will kill us with high probability
    - **Structured exploration**: noise over time has joint distribution, temporal structure
- How to define **regret**?
  - With respect to **constant action**? We can outperform it
  - With respect to **optimal policy**? May be too hard to learn  $\implies$  linear regret
  - Most approaches are **heuristic**, no regret guarantees; often train-time rewards don't matter



# Count-based exploration

- Generalizing **UCB exploration**  $a = \arg \max_i \hat{\mu}_i + \sqrt{\frac{2 \ln T}{n(i)}}$  from MAB to RL
- Count **visitations** to each state  $n(s)$  (or state-action  $n(s, a)$ )
- Optimism under uncertainty: add **exploration bonus** to scarcely-visited states

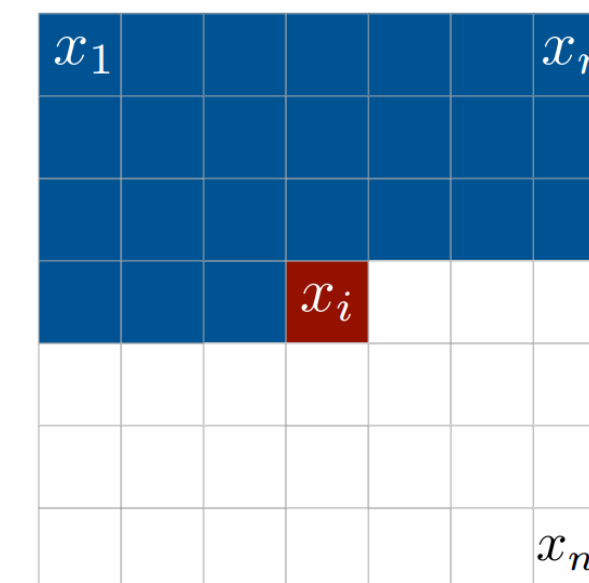
$$\tilde{r} = r + r_e(n(s))$$

- $r_e$  should be **monotonic decreasing** in  $n(s)$
- Need to **tune** its weight



# Density model for count-based exploration

- How to represent “counts” in large state spaces?
  - We may never see the same state twice
  - If a state is very similar to ones we've seen often, is it new?
- Train a density model  $p_\phi(s)$  over past experience
- Unlike generative models, we care about getting the density correctly
  - But we don't care about the quality of samples
- Density models for images:
  - CTS, PixelRNN, PixelCNN, etc.



# Pseudo-counts

- How to infer **pseudo-counts** from a density model?

$$p_{\phi}(s) = \frac{n(s)}{N}$$

- After **another visit**:

$$p_{\phi}(s) = \frac{n(s) + 1}{N + 1}$$

- To **recover** the pseudo-count:

- $p_{\phi'} \leftarrow$  **mock-update** the density model with another visit of  $s$
- **Compute**

$$\hat{N} = \frac{1 - p_{\phi'}(s)}{p_{\phi'}(s) - p_{\phi}(s)} p_{\phi}(s) \quad \hat{n}(s) = \hat{N} p_{\phi}(s)$$

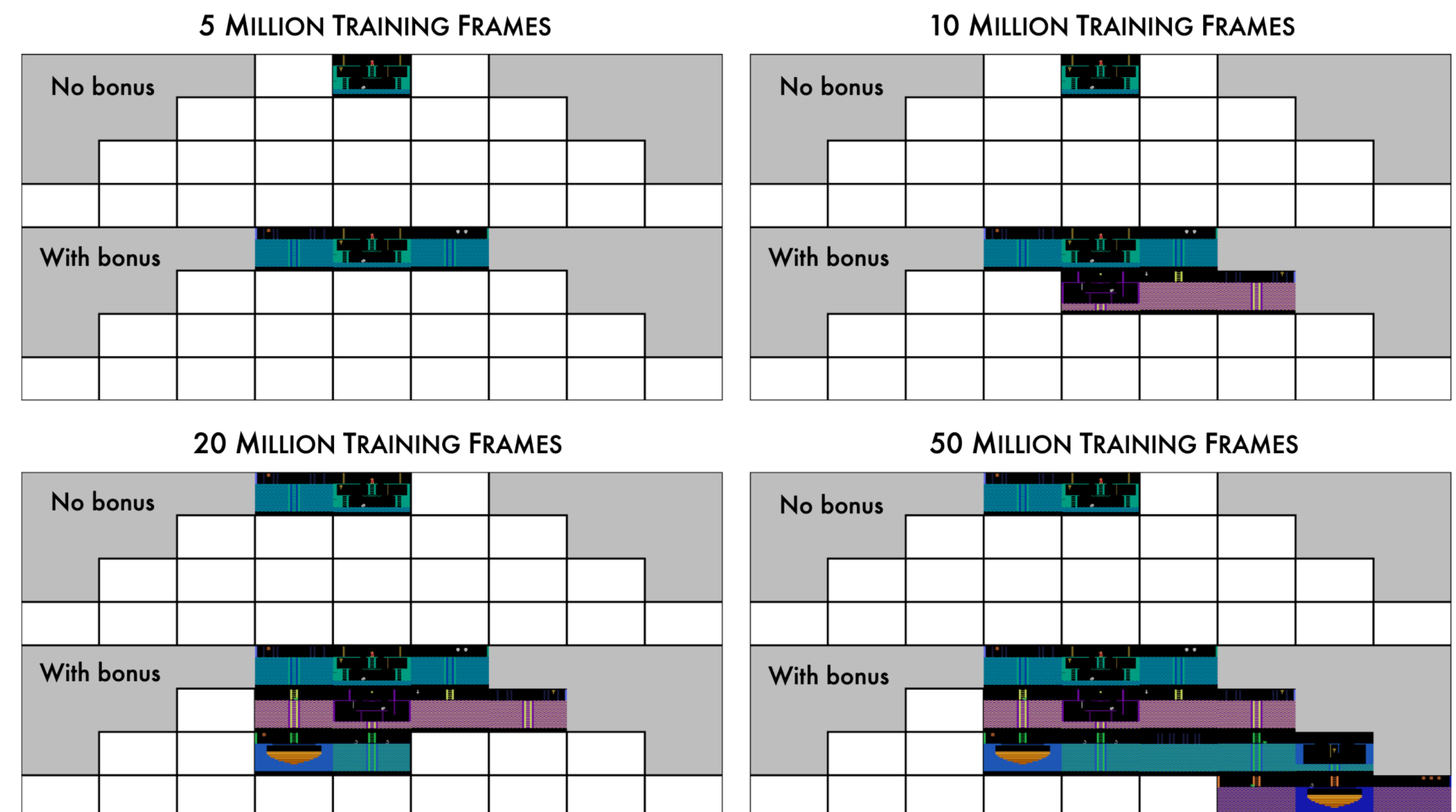
# Exploration bonus

- What's a good **exploration bonus**?
- In bandits: **Upper Confidence Bound (UCB)**

►  $r_e(n(s)) = \sqrt{\frac{2 \ln N}{n(s)}}$

- In RL, often:

►  $r_e(n(s)) = \sqrt{\frac{1}{n(s)}}$



# Thompson sampling for RL

- Keep a distribution over models  $p_\theta(\phi)$
- What's our “model”? Idea 1: MDP; Idea 2: Q-function
- Thompson sampling over Q-functions:
  - Sample  $Q \sim p_\theta$
  - Roll out an episode with the greedy policy  $\pi(s) = \arg \max_a Q(s, a)$
  - Update  $p_\theta$  to be more likely for  $Q'$  that gives low empirical Bellman error
  - Repeat

# Optimal exploration: simple settings

---

- **Multi-Armed Bandits (MAB)**: single state, one-step horizon
  - **Exploration–exploitation** tradeoff very well understood
- **Contextual bandits**: random state, one-step horizon
  - Also has good theory (**Online Learning**)
- **Tabular RL**
  - Some good **heuristics**, recent theoretical guarantees
- **Deep RL**
  - Only few exploratory ideas and heuristics

# Recap

---

- Online learning = getting good rewards while learning
  - In contrast: learn however, but deploy good policy
- Online learning requires trading off exploration–exploitation
  - Don't overfit to too little data
  - Don't be late to use what you've learned
- Optimism under uncertainty: exploration bonus for novelty
- Thompson sampling: coordinated exploration actions
- Same principles hold in RL